

WEEKLY MENU TO ENJOY AT HOME

TEL. 93 898 11 01

www.elracodelacigonya.com

TUESDAY 03/12/24

STARTERS TO CHOOSE:

French-style peas with low-temperature egg
Tomato, mussels, and pickles salad
Penne Rigate with traditional sauce
Vegetable cake with homemade potato salad
Artichoke cream soup with garlic oil (vegetarian)

MAIN COURSE TO CHOOSE

Beef goulash with vegetables
Battered squid rings with citrus mayonnaise
Pork loin Riojana-style with potatoes
Grilled sausage and black pudding from La Llacuna with sautéed
chickpeas

Vegetarian spinach burger

DESSERT TO CHOOSE:

Cheesecake with red fruits
Seasonal fruit: natural fruit salad and orange juice
Catalan crème brûlée with ladyfingers
Mató mousse with honey from Castell de Penyafort and walnuts
Natural yogurt from Cal Manyà
Ice cream of the day (only in the premises)

THURSDAY 05/12/24

STARTERS TO CHOOSE:

Paella with cuttlefish, crayfish, and mussels
Potato cake with roasted vegetables, orange, and goat cheese
mousse

Yakisoba with vegetables and soy sauce Homemade potato salad with tuna belly Spring onion cream soup with fried egg (vegetarian)

MAIN COURSE TO CHOOSE:

Duroc pork ribs with barbecue sauce and pineapple
Baked cod with almond sauce
Breaded chicken breast with pan-fried potatoes
Grilled beef steak with garnish
Vegetarian spinach burger

DESSERT TO CHOOSE:

Sponge cake with cream
Seasonal fruit: natural fruit salad and orange juice
Catalan crème brûlée with ladyfingers
Mató mousse with honey from Castell de Penyafort and walnuts
Natural yogurt from Cal Manyà
Ice cream of the day (only in the premises)

WEDNESDAY 04/12/24

STARTERS TO CHOOSE:

Local beans with chorizo and artichokes
Anchovy salad with apple, orange vinaigrette, and soy
Roasted meat cannelloni with porcini béchamel
Homemade potato salad with cold cuts from Mas Caballé
Mushroom cream soup with garlic oil (vegetarian)

MAIN COURSE TO CHOOSE:

Traditional boiled stew
Grilled tuna loin with onion and tomato
Grilled rabbit with gratin potatoes
Grilled sausage and black pudding from La Llacuna
with sautéed chickpeas
Vegetarian nuggets with guacamole

DESSERT TO CHOOSE:

Sponge cake with cream
Seasonal fruit: natural fruit salad and orange juice
Catalan crème brûlée with ladyfingers
Mató mousse with honey from Castell de Penyafort and walnuts
Natural yogurt from Cal Manyà
Ice cream of the day (only in the premises)

FRIDAY 06/12/24

BANK HOLIDAY

TO SHARE:

Toast with Iberian ham
Salmon roll with creamy cheese and honey
Piquillo pepper stuffed with homemade potato salad
Potatoes with classic spicy brava sauce
King prawn with soy mayonnaise
Roasted meat cannelloni with porcini sauce

MAIN COURSE TO CHOOSE

Grilled Girona beef entrecôte aged for 12 days
Brothy rice with cuttlefish, lobster, prawns, and mussels
Baked cod gratin with alioli
Duck bonbon with ratafia sauce and sweet potato

DESSERT TO CHOOSE:

Chocolate fondant with a Catalan crème brulée
Lemon sorbet with cava
Orange mousse with Cointreau
Homemade tiramisu with ladyfingers

| 14,50€ | Marinera Paella | 10,50€ | Crunchy goat's cheese salad with a mustard vinaigrette |
|---------|--|---------|--|
| 13,00€ | La Cigonya fish noddle casserole with alioli | 6,75€ | Homemade potato salad with tuna's belly |
| 19,00€ | Soupy rice with lobster | 9,50€ | Meat cannelloni from the grandmother |
| 14.50 € | La Cigonya black rice | 7,75 € | Traditional macaroni and chicken strings (Kids dish) |
| 9,50€ | Steamed mussels and clams | 17,50€ | Galician style octopus, parmentier and La Vera pepper |
| 6,00€ | Patatoes with "Brava" dip | 18,75€ | BBQ octopus' leg, parmentier and pepper oil |
| 17,50€ | Homemade duck Foie micuit with crunchy bread | 15,50€ | Casserole cooked Cal Padrí duck |
| 18,00€ | Ham and cured sheep's cheese | 17,85 € | BBQ Beef entrecote with cold grilled vegetables |

SUPPLEMENT DISHES from Tuesday to Friday:

Salmon salad with mango (supl. 6.00€)

Skewer Iberian pork with mushrooms and Padron peppers (supl. 6,50€)

Chocolate fondant with ice-cream (supl. 2,75€)

Welcome apperitive

STARTERS TO CHOOSE FROM:

Mashed potato and cabbage with bacon free-range eggs

Spring onion salad with escarole, romesco sauce and smoke sardine

Roast beef cannelloni with two béchamel

Grilled artichokes with Romesco sauce

Vegetable lasagna with its béchamel (vegetarian)

MAIN COURSE TO CHOOSE:

Barbecued Girona beef entrecôte steak with 12 days of aging
Brothy rice cuttlefish, lobster, prawns and mussels
Baked salmon with orange sauce and green asparagus
Roast lamb shoulder cooked at the Catalan style
Vegetarian meatballs with "Samfaina" (vegetarian)

DESSERT TO CHOOSE:

Chocolate fondant with crème brulée

Lemon sorbet with Cava

Orange mousse with Cointreau

Homemade tiramisu with ladyfingers

Artisanal bread from Forn R. Esplugas, mineral waters and wines from El Penedès

25,00€ (IVA Included)

ENGLISH

HORARI DE CUINA:

MIGDIES: DIMARTS A DIUMENGE de 12:45h a 15:45h.

VESPRES: DIVENDRES I DISSABTE de 20:00h a les 23:30h.

If you are allergic or intolerant to any food, do not hesitate to consult with our staff. For example, our homemade spring salad contains bread crusts, side dishes may be fried, and creams may contain lactose. Feel free to ask.