Cigonya

WEEKLY MENU

TUESDAY 01/10/24

STARTERS TO CHOOSE:

"Pochas" and clams with green sauce
Cheese salad with grapes
Traditional Bolognese spaghetti
Homemade spring salad with pickled mussels
Roasted vegetable cream with mozzarella pearls (vegetarian)

MAIN COURSE TO CHOOSE

Beef from Girona stewed with pumpkin and mushrooms
Breaded hake fillet with farm-fresh vegetables
Crispy chicken wings with barbecue sauce and spiced potatoes
Grilled jumbo sausage and black pudding with beans
Spinach vegetarian burger

DESSERT TO CHOOSE:

"Ensaïmada" from La Cigonya with chocolate and fig
Seasonal fruit: Ordal peach from L'Ordal with mint infusion
Oreo mousse cup with its crunch
Catalan crème brulée
Cal Manyà yogurt
Ice cream of the day(only in the premises)

THURSDAY 03/10/24

STARTERS TO CHOOSE:

Black rice with cuttlefish, scampi, and mussels
Stuffed eggs with tuna and lettuce bouquet
Roasted meat croquettes with mashed potatoes
Homemade spring salad with Galician-style cured pork shoulder
"lacón"

Farm vegetable cream with turmeric oil and banana chips (vegetarian)

MAIN COURSE TO CHOOSE:

Garlic chicken casserole
Honey-glazed cod with potatoes and vegetables
Grilled beef liver with onions and tomato
Grilled jumbo sausage and black pudding with beans
Vegetarian meatballs with garnish

DESSERT TO CHOOSE:

"Ensaïmada" from La Cigonya with chocolate and fig Seasonal fruit: Ordal peach from L'Ordal with mint infusion Oreo mousse cup with its crunch Catalan crème brulée Cal Manyà yogurt Ice cream of the day(only in the premises)

WEDNESDAY 02/10/24

STARTERS TO CHOOSE:

Chickpea stew with pork ribs and sausages
Little gem lettuce salad with tuna and vegetable crudités
Roasted meat cannelloni with summer truffle béchamel
Homemade spring salad with marinated salmon and dill mayonnaise
Gratin garlic soup with egg (vegetarian)

MAIN COURSE TO CHOOSE:

Duroc pork fillet stuffed with black sausage and porcini mushroom sauc
Tuna with garlic and caper sauté
Grilled beef tongue from La Boqueria with chimichurri sauce
Grilled beef steak with crispy potatoes
Vegetarian nuggets with barbecue sauce

DESSERT TO CHOOSE:

"Ensaïmada" from La Cigonya with chocolate and fig
Seasonal fruit: Ordal peach from L'Ordal with mint infusion
Oreo mousse cup with its crunch
Catalan crème brulée
Cal Manyà yogurt
Ice cream of the day(only in the premises)

FRIDAY 04/10/24

STARTERS TO CHOOSE:

La Cigonya fish noddle with scampi, mussels, and alioli

Melon with cured ham

Toast with "sobrassada", honey, brie, and lettuce

Homemade spring salad with guacamole and nachos

Creamy truffled potato soup with low-temperature egg (vegetarian)

MAIN COURSE TO CHOOSE:

Beef in sauce "fricandó" with mushrooms
Sardines from the market with garlic and parsley
Skewer of three sausages with padrón peppers and
mushroms

Grilled beef steak with crispy potatoes Vegetarian nuggets with barbecue sauce

DESSERT TO CHOOSE:

"Ensaïmada" from La Cigonya with chocolate and fig Seasonal fruit: Ordal peach from L'Ordal with mint infusion Oreo mousse cup with its crunch Catalan crème brulée Cal Manyà yogurt Ice cream of the day(only in the premises)

DISHES WITH A SUPPLEMENT from Tuesday to Friday:

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STARTERS TO CHOOSE FROM:

Fried eggs with ham and seasonal mushrooms

Peach from L'Ordal salad with cottage cheese and foie gras

Seafood ravioli with shrimp béchamel

Grilled vegetables with "romesco" sauce

Vegetable lasagna with its béchamel (vegetarian)

MAIN COURSE TO CHOOSE:

BBQ beef entrecote from Girona, dry-aged for 12 days

Brothy rice with cuttlefish, lobster, prawns, and mussels

Gratinated cod loin with quince garlic mayonnaise

Lamb medallion with "Ratafia" sauce

Vegetarian meatballs with Samfaina (vegetarian)

DESSERT TO CHOOSE:

Chocolate fondant with fig cream

Peach from L'Ordal infused with mint

Swiss roll filled with tiramisu

Yogurt soup with strawberry ice cream and caramelized pine nuts

*We offer vegan and vegetarian dishes.

Artisanal bread from Forn R. Esplugas, mineral waters and wines from El Penedès

KITCHEN HOURS:

MIDDAY: TUESDAY to SUNDAY From 12:45h to 15:45h.

EVENING/NIGHT: FRIDAY & SATURDAY From 20:00h to 23:30h.

If you are allergic or intolerant to any food, do not hesitate to consult with our staff. For example, our homemade spring salad contains bread crusts, side dishes may be fried, and creams may contain lactose. Feel free to ask.